



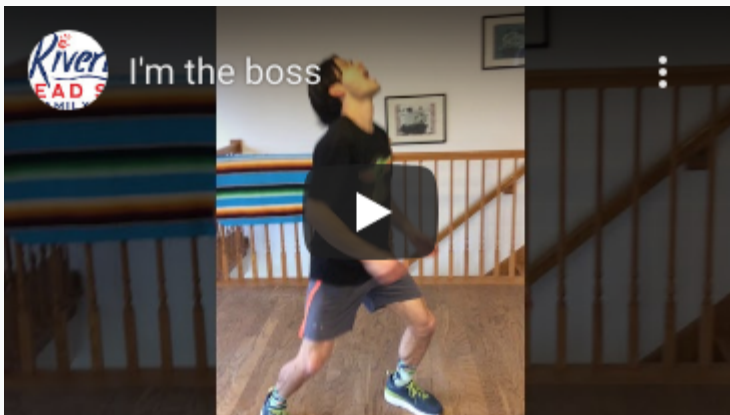
IHSA **Aspires** FRIDAY!

COVID-19 Creative Corner

SHARING THIS WEEK:
"I'M A BOSS DANCE AND CHOREOGRAPHY"
Nutrition Specialist, Jon Kuanfungng,
Riverbend Head Start & Family Services

Check out this song, Jon came up with the choreography. Watch the 1st link for the dance and the second link for the choreography. He is challenging everyone to either learn this choreography or come up with your own. All classrooms will get the CD that this song is on when they come back. Enjoy! The theme of this week is crossing midlines. Building the body by crossing midlines helps build the brain.

DANCE



CHOREOGRAPHY

